



# EAT SMART WITH THE LUNCH BUNCH

ea catering  
WEEK 1

BALLYKEEL PRIMARY  
WEEK COMMENCING  
18<sup>th</sup> DECEMBER  
£2.60 PER DAY

## MONDAY

### MAIN COURSES

ITS CHRISTMAS  
AND WE'RE HAVING A  
PARTY 😊😊😊  
FESTIVE PARTY BOX  
MENU  
COCKTAIL SAUSAGES  
CHICKEN GOUJON  
SAUSAGE ROLL

### SIDES

FRENCH FRIES  
TOMATO KETCHUP

### DESSERT

ICE CREAM TUB  
CARTON OF APPLE JUICE

## TUESDAY

### MAIN COURSES

Classic Margherita Pizza

Or

Fish Goujon in Soft Shell  
Taco & Zingy Tomato  
Salsa

### SIDES

Baked Beans  
Salad / Coleslaw

Herb Diced Potatoes  
Baked Potato

Garlic Bread Slice

### DESSERT

Strawberry Mousse  
& Fruit

## WEDNESDAY

### MAIN COURSES

Steak Burger in a Bap  
Cheese  
Tomato Ketchup

### SIDES

Tossed Salad  
Coleslaw

### DESSERT

Raspberry Jelly Pot  
& Orange juice

## THURSDAY

### MAIN COURSES

NO BREAKFAST CLUB  
NO SCHOOL DINNER

SCHOOL CLOSES  
EARLY

### SIDES

MERRY  
CHRISTMAS  
AND  
A HAPPY NEW  
YEAR

### DESSERT

HO HO HO

## FRIDAY

### MAIN COURSES

SCHOOL CLOSED

### SIDES

### DESSERT



# EAT SMART WITH THE LUNCH BUNCH

ea catering  
**WEEK 2**

BALLYKEEL PRIMARY  
WEEK COMMENCING:  
25<sup>th</sup> DECEMBER 2023  
£2.60 PER DAY

## MONDAY

MAIN COURSES

SCHOOL CLOSED

SIDES

DESSERT

## TUESDAY

MAIN COURSES

SCHOOL CLOSED

SIDES

DESSERT

## WEDNESDAY

MAIN COURSES

SCHOOL CLOSED

SIDES

DESSERT

## THURSDAY

MAIN COURSES

SCHOOL CLOSED

SIDES

DESSERT

## FRIDAY

MAIN COURSES

SCHOOL CLOSED

SIDES

DESSERT

MILK, WATER, BREAD AND  
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE  
TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR  
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL



# EAT SMART WITH THE LUNCH BUNCH

ea catering  
WEEK 3

BALLYKEEL PRIMARY MENU

WEEK COMMENCING:

1<sup>st</sup> JANUARY 2024

£2.60 PER DAY

## MONDAY

### MAIN COURSES

SCHOOL CLOSED

### SIDES

### DESSERT

## TUESDAY

### MAIN COURSES

SCHOOL CLOSED

### SIDES

### DESSERT

## WEDNESDAY

### MAIN COURSES

SCHOOL CLOSED

### SIDES

### DESSERT

## THURSDAY

### MAIN COURSES

Golden Crumbed Fish  
Fingers

Or

Mighty Mac 'n' Cheese  
with Garlic Bread Slice

### SIDES

Baked Beans Coleslaw

Chipped Potatoes Mashed  
Potatoes

Sliced Baguette

### DESSERT

Artic Roll with  
Peaches & Pears

## FRIDAY

### MAIN COURSES

Tasty Pork Sausages  
Tomato Ketchup / Gravy

Or

Salt N Chilli Chicken Wrap  
with Garlic Mayo

### SIDES

Mini Corn on the Cob  
Spaghetti Hoops

Chipped Potatoes  
Mashed Potatoes

Wholemeal Bread

### DESSERT

Homemade  
Chocolate Brownie

MILK, WATER, BREAD AND  
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE  
TO DELIVERY CHANGES

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# EAT SMART WITH THE LUNCH BUNCH

ea catering  
WEEK 4

BALLYKEEL PRIMARY MENU

WEEK COMMENCING:

8<sup>th</sup> JANUARY 2024

£2.60 PER DAY

## MONDAY

### MAIN COURSES

Beef Pasta Bolognese  
Grated Cheese

Or

Cod Fishcakes with  
Tomato or Tartare Sauce

### SIDES

Garden Peas

Oven Baked Potato  
Wedges

Crusty Bread

### DESSERT

Melon, Mandarin &  
Pineapple Pots with  
Yoghurt Dip

## TUESDAY

### MAIN COURSES

Ham & Cheese Pizza or  
Pepperoni & Garlic Dip

Or

Tex Mex Beef &  
Vegetable Enchilada

### SIDES

Sweetcorn & Peppers  
Coleslaw

Chipped Potatoes  
Baked Potato

Garlic Bread Slice

### DESSERT

Jelly & Mandarin  
Oranges

## WEDNESDAY

### MAIN COURSES

Lunch Bunch Chicken  
Curry

Or

BBQ Chicken Wrap with  
Crunchy Salad

### SIDES

Green Beans

Steamed Rice

Garlic & Coriander Naan

### DESSERT

Cornflake Tart  
& Custard

## THURSDAY

### MAIN COURSES

Roast Gammon with  
Stuffing & Gravy

Or

Stuffed Chicken

### SIDES

Broccoli & Turnip

Mashed Potatoes  
Oven Roast Potato

Wholemeal Bread

### DESSERT

Ice Cream, Pears  
& Chocolate Sauce

## FRIDAY

### MAIN COURSES

Oven Baked Chicken  
Goujons

Or

Sweet Chilli Chicken  
Panini

### SIDES

Baked Beans  
Salad

Chipped Potatoes  
Mashed Potato

Ciabatta

### DESSERT

Homemade Ginger  
Cookie & Fruit