



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK ONE

BALLYKEEL NURSERY

£2.50 PER DAY

Served weeks commencing:

19th February 2024

MONDAY

MAIN COURSES

Beef Bolognaise
Grated Cheese

SIDES

Sweetcorn & Peppers
Fresh Broccoli

And

Penne Pasta
Garlic Bread

DESSERT

Chocolate & Orange Cookie
Fresh Orange Wedges

TUESDAY

MAIN COURSES

Breaded Fish
Lemon Mayo

SIDES

Garden Peas
Baked Beans

And

Chipped Potato
Crusty Bread

DESSERT

Raspberry Jelly &
Two Fruits

WEDNESDAY

MAIN COURSES

Chicken Curry & Naan Bread

SIDES

Diced Carrots &
Green Beans

And

Steamed Rice

DESSERT

Lemon Sponge & Custard
Sliced Apples

THURSDAY

MAIN COURSES

Roast Gammon
Stuffing & Gravy

SIDES

Carrot & Parsnip
Cauliflower Cheese

And

Mashed Potato
Oven Roast Potato

DESSERT

Pineapple Delight
Fresh Watermelon Wedges

FRIDAY

MAIN COURSES

Hot Dog / Veggie Dog
Tomato Ketchup

SIDES

Spaghetti Hoops
Mini Corn on the Cob

And

Chipped Potatoes
Mashed Potatoes

DESSERT

Ice-Cream, Raspberry Sauce
Mandarin Oranges

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY



EAT SMART WITH THE LUNCH BUNCH

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WEEK TWO

BALLYKEEL NURSERY

£2.50 PER DAY

Served weeks commencing:
26th February 2024

MONDAY

MAIN COURSES

Golden Crumbed Fish Fingers

SIDES

Baked Beans
Garden Peas

And

Chipped Potatoes
Baked Potato
Wholemeal bread

DESSERT

Homemade Flakemeal Biscuit
Fresh Fruit Selection

TUESDAY

MAIN COURSES

Beef Ragu Italia

SIDES

Sweetcorn & Peppers
Coleslaw

And

Penne Pasta
Salad
Garlic Bread

DESSERT

Mandarin Orange Sponge
Custard & Sliced Apples

WEDNESDAY

MAIN COURSES

Chicken Curry

SIDES

Garden Peas
Baton Carrots

And

Boiled Rice
Naan Bread

DESSERT

Arctic Roll &
Peach Slices

THURSDAY

MAIN COURSES

Roast Loin of Pork
Stuffing & Gravy

SIDES

Fresh Broccoli Florets
Fresh Diced Turnip & Carrot

And

Mashed Potatoes
Oven Roast Potato
Wholemeal Bread

DESSERT

Homemade Brownie
Orange Wedges

FRIDAY

MAIN COURSES

Chicken Goujons &
Sweet Chilli Dip

SIDES

Spaghetti Hoops
Mini Corn on the Cob

And

Chipped Potatoes
Baby New Potatoes
Ciabatta Bread

DESSERT

Fruit Muffin with Pure
Apple Juice &
Fresh Pineapple Chunks

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

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WEEK THREE

BALLYKEEL NURSERY

£2.50 PER DAY

Served week commencing:

4th March 2024

MONDAY

MAIN COURSES

Golden Crumbed Fish
Goujons

SIDES

Sweetcorn & Peppers
Coleslaw

And

Chipped
Baked Potato
White Bread

DESSERT

Ice-Cream , Pears &
Chocolate Sauce

TUESDAY

MAIN COURSES

Homemade Pepperoni or
Magherita Pizza

SIDES

Garden Peas
Roasted Courgettes
Peppers & Roasted
Butternut Squash

And

Oven Baked Potato Wedges
Garlic Bread

DESSERT

Summer Fruit Cheesecake
Summer Fruit salad

WEDNESDAY

MAIN COURSES

Beef Meatballs with
Tomato & Basil Sauce

SIDES

Green Beans
Baton Carrots

And

Steamed Rice
Pasta Spirals
Crusty Bread

DESSERT

Sticky Date Pudding & Custard
Sliced Apples

THURSDAY

MAIN COURSES

Roast Gammon
Stuffing & Gravy

SIDES

Fresh Cauliflower & Broccoli
Florets
Fresh Diced Carrots

And

Mashed Potato
Oven Roast Potato
Homemade Wheaten Bread

DESSERT

Golden Krispie Square
Pineapple Chunks

FRIDAY

MAIN COURSES

School "Chippy Day"
Sausage & Chicken Goujon
Ketchup / Curry Sauce

SIDES

Baked Beans
Garden Peas

And

Chipped Potatoes
Baby New Potatoes
White Bread

DESSERT

Frozen Fruit Yoghurt
Fresh Fruit Selection



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WEEK FOUR

BALLYKEEL NURSERY

£2.50 PER DAY

Served week commencing:

11th March 2024

MONDAY

MAIN COURSES

Baked Pork Sausages
Gravy

SIDES

Baked Beans
Garden Peas

And

Chipped Potato
Baked Potato
Wholemeal Bread

DESSERT

Ice-Cream, Strawberry Sauce
Two Fruits

TUESDAY

MAIN COURSES

Chicken Curry

SIDES

Sweetcorn
Fresh Diced Carrots Carrots

And

Boiled Rice
Naan Bread

DESSERT

Jaffa Cake Pots
Mandarin Orange

WEDNESDAY

MAIN COURSES

Breaded Fish & Lemon Mayo

SIDES

Garden Peas
Coleslaw

And

Mashed Potato
Baby Potato
Crusty Bread

DESSERT

Fruit Sponge & Custard
Honeydew Melon

THURSDAY

MAIN COURSES

Roast of the Day, Stuffing &
Gravy

SIDES

Fresh Savoy Cabbage
Fresh Baton Carrots

And

Mashed Potatoes
Oven Roast Potato
White Bread

DESSERT

Fresh Fruit Salad
& Fresh Yoghurt

FRIDAY

MAIN COURSES

Beef Burger in Bap
Bean Burger in Bap
Cheese, Mayo or Ketchup

SIDES

Mini Corn on the Cob
Pasta Salad

And

Chipped Potato
Homemade Potato Wedges

DESSERT

Lemon Shortbread
Melon Wedge

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

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