



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK ONE
BALLYKEEL PRIMARY
£2.60 PER DAY

Served week commencing:
18th MARCH 2024

MONDAY

MAIN COURSES

**SCHOOL
CLOSED**

SIDES

DESSERT

TUESDAY

MAIN COURSES

Breaded Fish Fillet
Lemon Mayo

Or

Homemade Margherita Pizza

SIDES

Garden Peas
Baked Beans

And

Chipped Potatoes
Baked Potato
Crusty Bread

DESSERT

Raspberry Jelly
Two Fruits

WEDNESDAY

MAIN COURSES

Chicken Curry & Naan Bread

Or

Chinese-style Beef &
Vegetables

SIDES

Diced Carrots &
Green Beans

And

Noodles
Steamed Rice
Naan Bread

DESSERT

Lemon Sponge & Custard
Sliced Apples

THURSDAY

MAIN COURSES

Roast Gammon
Stuffing & Gravy

Or

Salmon & Creamy Tomato
Pasta

SIDES

Carrot & Parsnip
Cauliflower Cheese

And

Mashed Potatoes
Oven Roast Potato
White Bread

DESSERT

Pineapple Delight
Fresh Watermelon Wedges

FRIDAY

MAIN COURSES

Hot Dog / Veggie Dog
Tomato Ketchup

Or

Chicken & Summer Veg Pie

SIDES

Spaghetti Hoops
Mini Corn on the Cob

And

Chipped Potatoes
Mashed Potatoes
Wholemeal Bread

DESSERT

Ice-Cream , Raspberry Sauce
Mandarin Oranges



EAT SMART WITH THE LUNCH BUNCH

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WEEK TWO

BALLYKEEL PRIMARY

£2.60 PER DAY

Served weeks commencing:
25th MARCH 2024

MONDAY

MAIN COURSES

Golden Crumbed Fish Fingers

Or
Fresh baked ham & Cheese
Panini

SIDES

Baked Beans
Garden Peas

And

Chipped Potatoes
Baked Potato
Wholemeal Bread

DESSERT

Homemade Flakemeal Biscuit
Fresh Fruit Selection

TUESDAY

MAIN COURSES

Beef Ragu Italia
Grated Cheese

Or
Homemade Pepperoni Pizza
Homemade Margherita Pizza

SIDES

Sweetcorn & Peppers
Coleslaw / Salad

And

Oven Roasted Potato Wedges
Garlic Bread

DESSERT

Mandarin Orange Sponge
Custard & Sliced Apple

WEDNESDAY

MAIN COURSES

EASTER DINNER

Roast Chicken
Cocktail Sausages,
Stuffing & Gravy

SIDES

Garden Peas
Baton Carrots
And

Mashed Potato
Roast Potatoes

DESSERT

Ice Cream Tub &
Easter cookie

THURSDAY

MAIN COURSES

SCHOOL
CLOSES
EARLY

NO
BREAKFAST
CLUB
NO SCHOOL
DINNER

DESSERT

FRIDAY

MAIN COURSES

SCHOOL
CLOSED

SIDES

DESSERT

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK THREE

BALLYKEEL PRIMARY

£2.60 PER DAY

Served weeks commencing:
1st APRIL 2024

MONDAY

MAIN COURSES

**SCHOOL
CLOSED**

SIDES

DESSERT

TUESDAY

MAIN COURSES

**SCHOOL
CLOSED**

SIDES

DESSERT

WEDNESDAY

MAIN COURSES

**SCHOOL
CLOSED**

SIDES

DESSERT

THURSDAY

MAIN COURSES

**SCHOOL
CLOSED**

SIDES

DESSERT

FRIDAY

MAIN COURSES

**SCHOOL
CLOSED**

SIDES

DESSERT

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

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MENU SUBJECT TO PRODUCT
AVAILABILITY



EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK FOUR

BALLYKEEL PRIMARY
£2.60 PER DAY

Served weeks commencing:
8th APRIL 2024

MONDAY

MAIN COURSES

SCHOOL
CLOSED

SIDES

DESSERT

TUESDAY

MAIN COURSES

SCHOOL
CLOSED

SIDES

DESSERT

WEDNESDAY

MAIN COURSES

SCHOOL
CLOSED

SIDES

DESSERT

THURSDAY

MAIN COURSES

Baked Pork Sausages &
Gravy

Or

Jerk Chicken & Caribbean
Rice with Flatbread

SIDES

Baked Beans
Garden Peas

And

Chipped Potatoes
Baked Potato
Wholemeal Bread

DESSERT

Ice-Cream, Strawberry Sauce
Two Fruits

FRIDAY

MAIN COURSES

Beef Burger in Bap or
Bean Burger in Bap with
Cheese, Mayo or Ketchup
Or

Salt & Chilli Chicken Wrap
Rice & Salad

SIDES

Mini Corn on the Cob
Pasta Salad

And

Chipped Potato
Steamed Rice

DESSERT

Lemon Shortbread
Melon Wedge

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

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