

Ballykeel Primary - Choice Menu

£2.60 per day



	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 30.01.23	Breast of Chicken Curry Steamed Rice & Naan Bread Or Baked Potato filled with Chilli Chicken & Cheese ~ Garden Peas / Salad Selection ~ Frozen Yoghurt Fresh Fruit Selection	Fish Fingers Or Irish Stew & Wheaten Bread ~ Baked Beans, Carrots & Corn Mashed Potato ~ Swiss Roll Sliced Apples	Chicken Goujons Or Spicy Chicken Tortilla Wrap ~ Pasta Salad, Sweetcorn & Pepper Homemade Chilli Wedges With Garlic Mayo Dip ~ Vanilla Ice Cream, Pears & Chocolate sauce	Roast Gammon Or Baked Salmon, Lemon Wedge ~ Traditional Stuffing /Gravy Baton Carrot & Broccoli Oven Roast & Mashed Potato ~ Rice Pudding & Mandarin Oranges	Steak Burger in Bap Or Vegetable Pasta Bake ~ Tossed Salad / Coleslaw Chips / Sweet Potato Wedges ~ Popcorn Cookie & Fresh Sliced Pears
W/C 06.02.23	Spaghetti Bolognaise Or Tuna & Sweetcorn Wrap ~ Potato Salad, Tossed Salad Herb Potato Wedges, Crusty Bread ~ Honey Dew Melon & Ginger Cookie	Breaded Chicken Bites Or Chicken & Cheese Panini ~ Baked Beans Tossed Salad / Coleslaw Chips / Baked Potato ~ Jelly, Ice – Cream & Fresh Fruit	Breast of Chicken Curry Steamed Rice & Naan Bread Or Savoury Mince, Peas & Mashed Potato ~ Peas & Corn / Tossed salad ~ Orange Sponge & Warm Vanilla Custard , Orange wedge	Roast Beef in Gravy Or Baked Salmon & Lemon ~ Traditional Stuffing / Gravy Cauliflower Cheese / Carrots Oven Roast & Mashed Potato ~ Warm Chocolate Brownie & Banana	<u>VALENTINE PARTY BUFFET</u> Selection of Sandwiches Chicken/Cheese/ Tuna/ Ham Love Bug Bites Melting Heart Pizza Cocktail Sausages Carrot & Pepper Sticks ~ Love Heart Cookie Watermelon Kisses
W/C 13.02.23	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
W/C 20.02.23	Oven Baked Sausages Or Homemade Chilli Chicken & Vegetable Noodles ~ Baked Beans / Baton Carrots Tossed Salad Mashed Potatoes ~ Arctic Roll & Sliced Peaches	Breaded Fish Fillet Or Lasagne & Crusty Bread ~ Sweetcorn & Peas Coleslaw Mashed Potato ~ Pineapple Chunks & Fresh Yoghurt	Chicken Tikka & Steamed Rice Naan Bread Or Chicken & Cheese Panini & Baked Potato ~ Mixed Peppers & Corn Tossed Salad ~ Lemon Sponge & Warm Vanilla Custard & Sliced Apples	Roast Breast Of Chicken Or Baked Salmon & Lemon ~ Traditional Stuffing / Gravy Savoy Cabbage / Diced Carrots Oven Dry Roast Potato & Mashed Potato ~ Chocolate Brownie, Orange Wedges	Steak Burger & Bap Or French Bread Pizza ~ Tossed Salad Coleslaw Chips Sweet Potato Wedges ~ Flakemeal Biscuit & Fresh Watermelon

Bread
Milk, Water
Salad
Fresh Fruit
& Yoghurt
Available Daily

If you require any
additional
information on
Allergens or
Special Diets,
please contact the
School to
complete a
Special Diets
Application Form,

THIS FORM MUST
BE COMPLETED
BEFORE YOUR
CHILD RECIEVES A
SCHOOL MEAL

Menu choices subject to deliveries

